WAYNE'S FOODS PLUS

Shopping Guide

PRODUCE
- ❑ Broccoli
- ❑ Cabbage
- ❑ Carrots
- ❑ Cauliflower
- ❑ Celery
- ❑ Corn
- ❑ Cucumbers
- ❑ Garlic
- ❑ Lettuce
- ❑ Mushrooms
- ❑ Onions
- ❑ Peppers
- ❑ Potatoes
- ❑ Spinach
- ❑ Tomatoes

CANNED
- ❑ Apple Sauce
- ❑ Baby Food
- ❑ Canned Fruit
- ❑ Chili
- ❑ Mushrooms
- ❑ Soup
- ❑ Spaghetti Sauce
- ❑ Tomato Paste
- ❑ Tuna
- ❑ Vegetables

MEAT, FISH, POULTRY
- ❑ Bacon
- ❑ Beef/Steak
- ❑ Chicken
- ❑ Deli Meats
- ❑ Fish/Seafood
- ❑ Ham
- ❑ Hot Dogs
- ❑ Pork
- ❑ Sausage
- ❑ Turkey

DAIRY
- ❑ Butter
- ❑ Cheese
- ❑ Cottage Cheese
- ❑ Cream Cheese
- ❑ Eggs
- ❑ Margarine
- ❑ Milk
- ❑ Parmesan
- ❑ Sour Cream
- ❑ Whipped Cream
- ❑ Yogurt

FROZEN
- ❑ Desserts
- ❑ Egg Substitutes
- ❑ Ice Cream
- ❑ Juices
- ❑ Pizza
- ❑ Potatoes
- ❑ Vegetables
- ❑ Waffles

DRY GOODS
- ❑ Beans/Lentils
- ❑ Breadcrumbs
- ❑ Hot Chocolate mix
- ❑ Pasta/Noodles
- ❑ Rice

FRUIT
- ❑ Apples
- ❑ Bananas
- ❑ Lemons
- ❑ Limes
- ❑ Melons
- ❑ Oranges
- ❑ Strawberries
- ❑ Watermelons

LAUNDRY
- ❑ Bleach
- ❑ Detergent
- ❑ Fabric Softener
- ❑ Stain Remover

BREADS
- ❑ Bagels
- ❑ Bread/Rolls
- ❑ Buns
- ❑ English Muffins

BAKING
- ❑ Baking Powder
- ❑ Baking Soda
- ❑ Cake Mix
- ❑ Chocolate Chips
- ❑ Cornstarch
- ❑ Flour
- ❑ Gelatin
- ❑ Nuts
- ❑ Pancake Mix
- ❑ Pepper/Salt
- ❑ Raisins
- ❑ Spices
- ❑ Sugar
- ❑ Vanilla

PAPER GOODS
- ❑ Aluminum Foil
- ❑ Facial Tissue
- ❑ Garbage Bags
- ❑ Lunch Bags
- ❑ Napkins
- ❑ Paper Towel
- ❑ Plastic Wrap
- ❑ Sandwich Bags
- ❑ Straws
- ❑ Toilet Paper

BEVERAGES
- ❑ Beer/Wine
- ❑ Bottled Water
- ❑ Coffee/Tea
- ❑ Kool Aid
- ❑ Orange Juice
- ❑ Soft Drinks

SNACKS
- ❑ Bakery Items
- ❑ Candy
- ❑ Crackers
- ❑ Cookies
- ❑ Low Fat Items
- ❑ Mixed Nuts
- ❑ Popcorn
- ❑ Potato Chips

HEALTH AND BEAUTY
- ❑ Bandages
- ❑ Bar Soap
- ❑ Conditioner
- ❑ Deodorant
- ❑ Liquid Soap
- ❑ Razors
- ❑ Shampoo
- ❑ Shaving Cream
- ❑ Toothbrush
- ❑ Toothpaste

KITCHEN
- ❑ Detergent
- ❑ Floor Cleaner
- ❑ Furniture Polish
- ❑ Glass Cleaner
- ❑ Kitchen Cleaner
- ❑ Scouring Pads

MISC.
- ❑ Air Freshener
- ❑ Batteries
- ❑ Condiments
- ❑ Honey
- ❑ Ice
- ❑ Jelly/Jam
- ❑ Ketchup
- ❑ Light Bulbs
- ❑ Mayonnaise
- ❑ Mustard
- ❑ Oil
- ❑ Olives
- ❑ Olive Oil
- ❑ Peanut Butter
- ❑ Pet Food
- ❑ Pet Supplies
- ❑ Pickles/Relish
- ❑ Salsa
- ❑ Salad Dressing
- ❑ Shortening
- ❑ Soy Sauce
- ❑ Stamps
- ❑ Syrup
- ❑ Toilet Cleaner
- ❑ Vinegar
- ❑ Vitamins

WRITE IN YOUR OWN:
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